

## 2017 Consumer Congregate Nutrition Assessment Form

Updated February 10, 2017

<b>Basic Client Information:</b>			<b>Date of Assessment:</b> /    /	
*First Name:		*Last Name:		Middle Initial:
*Date of Birth:    /    /	*Age:	*Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other		Are you a veteran? <input type="checkbox"/> Yes <input type="checkbox"/> No
What is your primary language?		*What is your race?		*Are you Hispanic or Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No
*Are you visually impaired (cannot be corrected with glasses)? <input type="checkbox"/> Yes <input type="checkbox"/> No			Are you receiving Medicaid? <input type="checkbox"/> Yes <input type="checkbox"/> No	
*Do you live alone? <input type="checkbox"/> Yes <input type="checkbox"/> No	Are you married? <input type="checkbox"/> Yes <input type="checkbox"/> No		How many people live in your household?	
What is your monthly income?			What is your monthly household income?	
*What is your monthly income range? <input type="checkbox"/> \$1,005 or less <input type="checkbox"/> \$1,006 to \$1,256 <input type="checkbox"/> \$1,257 to \$1,859 <input type="checkbox"/> \$1,860 or more			*What is you and your spouse's combined monthly income range? <input type="checkbox"/> \$1,353 or less <input type="checkbox"/> \$1,354 to \$1,691 <input type="checkbox"/> \$1,692 to \$2,503 <input type="checkbox"/> \$2,504 or more	
*Residential Street Address:			Mailing Address - Street/P.O. Box:	
*Apartment or Unit # (if applicable):			Mailing City or Town:	
*Residential City or Town:			Mailing State, Zip Code:	
*Residential State, Zip Code:			Email Address:	
*County of Residence:				
*Primary Phone # (including area code):			Secondary Phone # (including area code):	
Emergency contact name:			Relationship:	Phone Number:
Physician's first name:		Physician's last name:		Phone Number:
Are you a caregiver to anybody? <input type="checkbox"/> Yes <input type="checkbox"/> No			Are you a grandparent, raising grandchildren? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are you working? <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Retired <input type="checkbox"/> Volunteering <input type="checkbox"/> Seeking employment <input type="checkbox"/> No			Are you willing to volunteer? <input type="checkbox"/> Yes <input type="checkbox"/> No	
How did you hear about our services? <input type="checkbox"/> AAA Brochure <input type="checkbox"/> AAA Newsletter <input type="checkbox"/> Channel 9 Senior Source (TV) <input type="checkbox"/> Congregate Meal Site <input type="checkbox"/> From a Current Client <input type="checkbox"/> From a Friend/Relative <input type="checkbox"/> Senior Fair <input type="checkbox"/> Walk-In <input type="checkbox"/> Web Site <input type="checkbox"/> Other _____				
Do you want to hear about other services? <input type="checkbox"/> Yes <input type="checkbox"/> No			If yes, how can we contact you? <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Phone	
When is the best time to contact you?			Please tell us what services you would like to receive:	

<b>Nutrition Questions - Please fill out if you receive meals at a meal site:</b>	<b>Yes</b>	<b>No</b>	<b>Yes Score</b>
*I have an illness or condition that made me change the kind and/or amount of food I eat.			2
*I eat fewer than 2 meals per day.			3
*I eat few fruits or vegetables or milk products.			2
*I have 3 or more drinks of beer, liquor, or wine almost every day.			2
*I have tooth or mouth problems that make it hard for me to eat.			2
*I don't always have enough money to buy the food I need.			4
*I eat alone most of the time.			1
*I take 3 or more different prescribed or over the counter drugs a day.			1
*Without wanting to, I have lost or gained 10 pounds in the last 6 months.			2
*I am not always physically able to shop, cook and/or feed myself.			2
What is the consumer's nutritional risk score? (0-2 = No Risk 3-5 = Moderate Risk 6 or more = High Risk)	<b>Total 'Yes' Score</b>		_____
Are you interested in receiving nutrition counseling? <input type="checkbox"/> Yes <input type="checkbox"/> No			

*I have been informed of the policies regarding voluntary contributions, complaint procedures and appeal rights. I am aware that in order to receive requested services, it may be necessary to share information with other departments or service provider and I herewith give my consent to do so.  
(If filled out by assessor or via phone, please have assessor check here and sign below ).*

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Office use only:** Information filled out by \_\_\_\_\_

Date \_\_\_\_\_

## **Please read the following information concerning this Intake Form and Complaint/Grievance Procedure:**

We are asking you to complete the attached form to the best of your knowledge so we understand how you would like to receive services. Some basic information (highlighted) is needed to meet compliance with federal and state reporting requirements and to target consumers age 60 and older who have the greatest economic and social need, such as individuals who are low-income minority, frail, and rural. Requests for services are processed as funds allow.

Your income level is not used to qualify you to receive services, but rather as a means to gather demographic data to various entities to show the need for continued funding of services. Nobody will contact you, unless you choose so in order to receive information about services which might be available to you.

If there is not enough room on the application for any of your responses, please attach a separate sheet.

### **Complaint/Grievance/Appeal Procedure:**

The purpose of the Complaint/Grievance/Appeal Procedure is

- To ensure fair and equitable treatment of all consumers, eliminate dissatisfaction, resolve problems and
- To establish complaint and appeals procedures that inform the consumers of their rights to complain and receive a written response at the provider level

Any OAA/OCA (Older Americans Act/Older Coloradans Act) eligible consumer who has a complaint/grievance with the organization asking you to fill out this assessment form has the right to file a complaint/grievance with said organization and, if not satisfied with the organization's decision, to appeal that decision with either the local AAA (Area Agency on Aging) or the SUA (State Unit on Aging).

The complete Complaint/Grievance/Appeal Procedure is available upon request by contacting your local AAA and/or the SUA as follows:

Office of Community Access & Independence  
Aging and Adult Services  
1575 Sherman Street, 10<sup>th</sup> Floor  
Denver, CO 80203  
(303) 866-2800 (Main Line)  
(303) 866-2977 (Fax)  
(888) 866-4243 (Toll Free)

### **Contributions:**

Any person receiving services shall have the opportunity to contribute towards the cost of the service. No eligible person shall be denied a service because of their inability and/or choice not to contribute.

**KEEP THIS FORM FOR YOUR RECORDS**

## Instructions about filling out the 2017 Consumer Congregate Nutrition Assessment Form:

This Consumer Congregate Nutrition Assessment Form needs to be filled out by the AAAs or their providers to gather the information required by the federal or state government to be entered into Colorado's official data system (currently SAMS). In addition to register a client in SAMS, by entering date into the detailed consumer record, the rest of the required information needs to be entered into the assessment portion of SAMS.

(\* Any fields with this prefix designate demographic data collected by the federal or state government to support the need for continued funding for the various programs. This data will be de-identified and used in aggregate form to compile statistical information. None of the data is sold to a third party and any personal information will only be used in an effort to better serve the client in providing him/her with services.

There is one additional required field you need to be aware of, which is not on the form, but needs to be checked in the Basic Client Information section of the assessment form. That field is 'Is the client's income level below the national poverty level?', which shows up on the consumer record in the NAPIS section as 'In poverty?'. Please check yes, if the consumer has less than \$1,005 individual or less than \$1,353 household income monthly; mark 'no' otherwise.

Another oddity to be aware of, is the 'What is your race?' question. When you check the race in the assessment, the only thing that comes across to the consumer record is a 'Yes' or 'No' on the 'Is Ethnic Race specified?' question under the NAPIS section of the consumer record. You still need to mark the correct race under the Ethnic Races section on the right side of the consumer detail record screen.

Any fields which do not have the (\*) prefix are optional ,but help determine in what other ways we might be able to help the client and to get feed-back about which of our outreach programs are successful. Please try to obtain as much information as possible, since we can only help when we know that there is a need.

While we ask you to make an honest effort to gather this basic information, we cannot deny services to clients on the basis of them refusing to provide the requested information, since our programs are not means tested. Since our programs are specifically for the elderly, particularly for persons age 60 or over, the date of birth needs to be filled in. If the client refuses to provide his/her date of birth, please enter January 1 and the year which would make them the age they are stating. Then, indicate in the notes of the consumer detail record that the date of birth is not factual, as the client would not provide it.

Clients need to be asked to complete this form when they first start receiving meals or nutrition counseling at a congregated meal site. Unless other services are provided to the client, this assessment needs to be completed only once and the client does not have to get assessed multiple times. This form can only be used for clients receiving the following services:

- Congregate Meals or Congregate Meals (State)
- Nutrition Counseling or Nutrition Counseling (State)  
(for C1 clients only, since C2 clients need the full In-Home assessment to qualify)

If you have any questions, please contact your local AAA office.