

**MINUTES OF REGULAR MEETING
REGION XII REGIONAL ADVISORY COUNCIL**

Wednesday, June 8th, 2016

10:30 a.m. – 11:45 a.m.; Conference Call

CALL TO ORDER: John Bade, Chairperson, called the regular meeting of the Region 12 Regional Advisory Council (RAC) to order at 10:38 am.

ROLL CALL: Bert Roy, Vice Chairperson, called the roll. It was determined that there was a quorum.

<u>RAC Members Present:</u>	<u>Jan</u>	<u>Apr</u>	<u>Jun</u>	<u>Sept</u>	<u>Nov</u>
	* = Voting Members for meeting				
Mildred Alsdorf (Garfield Co)–Optimal					
Coni Aguilar-Optimal		<u>X</u>			
Corina Aragon-Summit Co. Alt.		X	<u>X</u>		
Gary Armes-Jackson Co.	X	X	<u>X</u>		
John Bade–Eagle Co.	X	<u>X</u>	<u>X</u>		
Tootie Crowder-Jackson Co.		X	<u>X</u>		
Anne Crane–Summit Co.	X	X	<u>X</u>		
Commissioner Steve Child–Pitkin Co.			<u>X</u>		
Commissioner Patti Clapper–Pitkin Co.					
Steven Ladin-Summit Co.	X	X	<u>X</u>		
Geni Garcia–Optimal	X	<u>X</u>	<u>X</u>		
Leslie Janusz–Grand Co.	X	X	<u>X</u>		
Peg McGavock-Pitkin Co.					
Judy Lantz-Grand Co.		<u>X</u>			
Comm. Kris Manguso–Grand Co.					
Terry Myers–Jackson Co.	X				
David Pearce–Optimal	X	<u>X</u>			
Bert Roy–Eagle Co.	X	X	<u>X</u>		
Seth Sachson–Pitkin Co. Alt.					
Gayle Stephenson–Jackson Co.	X		<u>X</u>		
Debby Sutherland-Optimal	X	X			
Georgeann Waggaman-Pitkin Co.					
Sr. Coordinator Optimal Alt.(Eagle Co)-Carly Rietmann	X	X	X		
Sr. Coordinator Optimal Alt.(Grand Co)- Lisa Jonas		X	X		
Sr. Coordinator Optimal Alt.(Jackson Co)- Wendy Petefish	X	X	X		
Sr. Coordinator Optimal Alt.(Pitkin Co)-Marty Ames/Chad Federwitz	X	X	X		
Sr. Coordinator Optimal Alt.(Summit Co)-Lorie Williams	X	X	X		

NWCCOG Staff Present:

Erin Fisher, Director NWCCOG-AlpineAAA

Amanda Rens-Moon, Program Specialist, NWCCOG-AlpineAAA

T.J. Dufresne, Health Insurance Assistance Program Coordinator (Serving Medicare Eligible Individuals,) NWCCOG—AlpineAAA

Comments & Announcements: John acknowledged that as the first meeting without Marty Ames in attendance. Her successor Chad Federwitz introduced himself. Also, appreciation was expressed to Lorie Williams for hosting the Senior Awards Ceremony, which included a delicious meal at a great venue.

AMEND/APPROVE AGENDA:

Motion by Anne Crane to approve the agenda; *second* by Bert Roy. All members voted *aye*.

Motion carried.

REVIEW/ACCEPT MEETING MINUTES: No additions or revisions were requested for the April 13th, 2016 meeting minutes.

Motion by Steven Ladin; *second* by Bert Roy to accept the April 13, 2016 regular meeting minutes as presented. All members voted *aye*.

Motion carried.

RAC OPERATIONS

Discussion Items

Strategic Action Planning Group—Commissioner Child provided an update on the Strategic Action Planning Group (SAPGA.) He stated that the SAPGA arose from HB 15-1033 in the Colorado Legislature, and a committee was formed last August. The Governor tasked the committee with creating a desk report by November 2016, with recommendations on how to handle aging issues in Colorado. Twenty-three individuals from different interest groups around the state make up the committee, and they participate in seven sub-committees including:

- 1) Physical Environment (mobility and housing issues)
- 2) Workforce Development (helping aging populations work longer, if they need/wish)
- 3) Health and Wellness (lowering healthcare costs through healthy lifestyle choices)
- 4) Supportive Community (long-term care services and caregiver supports)
- 5) Family Economic Security: (retirement and estate planning)
- 6) Public Finance: (big-picture issues in Social Security, Medicare, and Medicaid)
- 7) Committee Outreach and Communication: (disseminating committee information)

The sub-committees are open to additional participation from any individuals with expertise in one of the seven categories. The sub-committees meet about two times a month, usually by conference call. RAC members interested in serving on one of the committees should go to www.colorado.gov/agingstrategy or email agingstrategy@state.co.us.

Commissioner Child also informed the RAC that the above website has many helpful resources. He, also, mentioned that RAC meetings would be easier for him to attend on Thursdays. The NWCCOG council is considering Commissioner Child as the NWCCOG advisor to the RAC.

Health Insurance Assistance Program Coordinator Update—T.J updated the RAC on her recent progress with the SHIP program. She still needs volunteer SHIP Counselors in Grand and Jackson counties. T.J. leveraged Facebook and radio advertisements for outreach, and she is doing events and trainings across the region, as well as face-to-face counseling. T.J, also, informed the RAC that United and Humana insurance will be leaving the Connect for Health Marketplace, but they will continue participating as Medicare providers. In addition, she informed the RAC that United is the AARP provider, so if anyone enrolled in an AARP plan will get a United Plan.

Senior Awards Ceremony Update—Amanda updated the RAC on the successful 2016 Senior Awards Ceremony. She thanked the planning committee for all of their assistance and announced that photos are available at <http://alpineaaa.portfoliobox.net/> and <http://www.priscillamartinez.co/p337142025>

Mini Grant Update—Erin informed the RAC that there is \$1552 remaining in mini grant funding. Recently the Grant Review Committee approved Jackson County for a shredder for their fraud prevention symposium, and the Grant Review Committee recently funded a proposal from Benefits in Action, bringing the total amount spent to around \$6,000. Erin reminded the RAC that it is difficult for AlpineAAA to prove to the State that mini grants are a vital service if not all of the allocated mini grant funding is spent. If RAC members are aware of any last minute applications, an emergency meeting of the Grant Review Committee could be arranged to help spend the final funds.

Onsite SUA Evaluation—Erin presented information regarding the State Unit on Aging (SUA's) onsite evaluation. Candise Winder joined AlpineAAA for a visit to four providers: Grand County Senior Nutrition, Grand County Council on Aging, Eagle County Public Health—Healthy Aging, and Pitkin Senior Services. She reviewed records for all nutrition and transportation providers. Erin informed the RAC that this evaluation was a learning experience for everyone, as Candise is new to her role, too. She stated that the final report is not yet available, but the evaluation went well. There were some compliance issues but nothing extreme. Training on the compliance issues will take place during Provider Training, on July 21st. Erin stated that Candise has 30 days to write her report and submit it to the SUA. When AlpineAAA receives the report, Erin has 10 days to rectify the concerns and write her response. These items will be discussed at the next RAC meeting, but a few issues include: Food safety education for staff every six months (not twice a year,) better tracking of program income, and better delineation between C1 and C2 funding on profit and loss statements. Erin remarked that when Candise looks at financial reports, it should be VERY clear how and where program income and NSIP is tracked.

Performance Measures Report—Amanda updated the RAC on the performance measures. She stated that AlpineAAA mailed 663 surveys to consumers throughout the region (404 Congregate Meals, 65 Home Delivered Meals, 85 Transportation, 33 for Caregiver Consumers, and 76 surveys for Nutrition Counseling, Homemaker Services, Case Management, Health Promotion, Vision Impairment, and Material Aid Services combined. Amanda acknowledged that some of the survey questions (written by the State) might not have gathered information accurately, so some of the survey results were negatively skewed. The State is looking at revising the questions for next year. The RAC recommended sending a copy of the survey to the providers, so they can help field consumer questions.

Funding Increase—Erin reported that the State is giving AlpineAAA additional funding through the Homestead Exemption Act for SFY 2016-2017. The State Unit on Aging is

requesting that AAAs use this one time funding increase thoughtfully, to increase service units.

RAC Committees Update— Erin confirmed sub-committee membership for the Grant/Mini-Grant Review Committee, Membership Committee, Advocacy and Events Committee, Bylaws Review Committee, and Senior Awards Ceremony Committee. She plans to have information to the Bylaw Review Committee by July, so the RAC can discuss updates at the September meeting.

MEMBER UPDATES:

Eagle County—Carly reported on the Aging Well strategic planning updates. She stated that they hired a contractor to compile the final report, which is due in August. There will be a community meeting to introduce the final report. John remarked that construction on the Castle Peak continuum of care building appears to be coming along nicely.

Grand County—Lisa stated that GCCA is working on promoting their wellness programs and fitness classes. Aqua aerobics is very popular. In addition, the caregiver support group is excited to participate in the Caregiver Conference in Glenwood Springs.

Jackson County— Wendy informed the RAC that they are gearing up for the “My ID—I Don’t Share” identity theft symposium. The symposium will focus on keeping information safe in four different arenas: Personal computers, Medicare, local banking, and with caregivers in the home. Jackson County also purchased a new shredder with mini grant funds, so participants can bring papers to the office for shredding. Jackson has four participants going to the Caregiver Conference in Glenwood, and they are excited about their newly purchased van.

Pitkin County— Chad remarked that it is his fourth week since Marty’s retirement, and things seem to be going well.

Summit County— Lorie stated that Summit County is busy with summer activities. The office is cross training positions for coverage. She stated that the faith leaders group is planning a program on preparing for death and burial. The program will include information on death, grief, burial practices, assets, living wills and will have the county coroner’s office available to provide information on how to respond if you find someone dead in your home. She also stated that the Summit Rummage Sale is coming up, pre-sale starts on July 28th, and it wraps up on the 31st.

Next Meeting: Regular Meeting of the RAC: September 14th, 2016 10:15 a.m. – 2:15 p.m., Jackson County Council on Aging, 312 5th Street, Walden

ADJOURNMENT: *Motion to adjourn by Leslie Janus second by Bert Roy. All members voted Aye. Meeting adjourned at 11:43 a.m.*

Motion carried.

Minutes prepared by: Amanda Rens-Moon, NWCCOG-Alpine Area Agency on Aging.

CHAIR, RAC

Approved - SECRETARY,-RAC